

CHANGING THE GAME



ATHLETE ALLY

At this stage in the game, you might be thinking about how to contribute, support, and empower all kids, transgender or not, to live full, participatory lives. It's a team sport working to create the most inclusive outlet for kids to play while challenging discriminatory legislation that stands in the way.

Whether you've participated in sport yourself, feel connected because of your community, or simply know fans of the game, this film conveys the immense value of sport and teamwork which contribute to mental, emotional, social, and physical well-being long after any play clock expires. By taking action towards inclusive policies and teams, you can help kids feel the benefits of a home-field advantage wherever they play.

To continue creating safer and freer spaces for trans youth and, by extension, all youth, to be themselves, here are some next steps and resources to help move the chains forward for everyone.

HIT THE GYM / TAKE ACTION

- **Refer people to watch the film if it moved you or made you think.**
- Share some of your learnings on social media and in-person with your communities.
- Identify the sports league policies in your community, follow state legislators and city council members, and check if there are bills being introduced to exclude youth from participating.
- Use inclusive language. Consider when referring to a group of people, using: y'all, friends, teammates, athletes, kids, colleagues, members, league mates.
- Be an active bystander and correct people if you hear something disrespectful, misinformed, or offensive.
- Add pronouns to your email signatures, Zoom name, and social media handles to indicate your understanding of your own pronouns and support of gender diversity.
- Follow trans activists and leaders like [Chris Mosier](#), [Chase Strangio](#), and [Raquel Willis](#).
- Join the Athlete Ally [mailing list](#).

BE A CAPTAIN / SHOW YOUR SUPPORT

As you've seen, this film and these conversations have the power to inspire change. Encourage three friends to watch CHANGING THE GAME and start the ripple effect.

For corporate sponsorship opportunities, email Shane Diamond at info@changinggamedoc.com

REVIEW GAME TAPE / FOLLOW UP AND LEARN MORE

Want to learn more about CHANGING THE GAME, including hosting your own panel discussion, talkback, or training?

- Reach out to Shane Diamond at info@changinggamedoc.com
- Stay in the game by following us on social media:
 - Handle: [@changinggamedoc](#)
 - Hashtag: [#ChangingTheGame](#)
- Check out Frameline's [Youth in Motion](#) program to bring CHANGING THE GAME to your K-12 GSA.

Feeling inspired to change policies or become a better advocate for LGBTQ youth? Athlete Ally works to ensure athletic communities are as LGBTQ inclusive as they should be. Learn more at athleteally.org

MVPS / PANELISTS

Feeling inspired by our panelists?

Stay involved in their work!

- **Alex Schmider - [@anderfinn](#)**
Producer, [@changinggamedoc](#) and [@disclosure_doc](#);
Assoc. Director of Trans Representation, [@GLAAD](#)
- **Andraya Yearwood - [@andrayayearwood](#)**
film subject and trans activist
- **Anne Lieberman - [@four1true](#)**
Director of Policy & Programs, [@athleteally](#)
- **Jordyn Lexton - [@wordsbyjordyn](#)**
Executive Director [@DriveChangeNYC](#)
- **Shane Diamond - [@pantsdiamond](#)**
Impact Campaign Manager, [@changinggamedoc](#)

OUR PLAYBOOK / RESOURCES

For a comprehensive list of our favorite resources, including legislative trackers, check out our full playbook at changinggamedoc.com/resources

