Shabbat Morning Siddur
Opening Prayers

MAH TOVU ohalcha, Yaakov, mishk'notecha, Yisrael!

Vaani b'rav chas'd'cha
avo veitecha,
eshtachveh el heichal kodsh'cha
b'yi ratecha.

Adonai, ahavti m'on beitecha
un'kom mishkan k'vodecha.

Vaani eshtachveh v'echa rah,
ev'chah lifnei Adonai osi.

Vaani tifilati l'cha, Adonai,
et ratzon.

Elohim b'rav chasdecha,
aneni be-emet yishecha.

How fair are your tents, O Jacob, your dwellings, O Israel.

I, through Your abundant love, enter Your house;
I bow down in awe at Your holy temple.

Adonai, I love your temple abode, the dwelling-place of your glory.

I will humbly bow down low before Adonai, my Maker.

As for me, may my prayer come to You, Adonai, at a favorable time.
O God, in Your abundant faithfulness, answer me with your sure deliverance.
Praise to you, Adonai our God, who formed the human body with skill, creating the body’s many pathways and openings. It is well known before Your throne of glory that if one of them be wrongly opened or closed, it would be impossible to endure and stand before You. Blessed are You, Adonai, who heals all flesh, working wondrously.

My God, the soul You have given me is pure. You created it, You shaped it, You breathed it into me, and You protect it within me.
EilU d'varim she-ein lahem shiur,
she-adam ocheil peiroteihem
baolam hazeh
v'hakren kayemet lo laolam haba.
V'eilu hein:
kibud av va-eim,
ug'milut chasadim,
v'hashkamat beit hamidrash
shacharit v'arvit,
v'hachnasat orchim,
uvikur cholim,
v'hachnasat kalah,
u'vayat hameit,
v'iyun t'filah,
vahavaat shalom bein adam lachaveiro.
V'talmud Torah k'neged kulam.

These are the things that one may do without limit:
honoring one's father and mother,
engaging in deeds of compassion,
arriving early for study, morning and evening,
dealing graciously with guests, visiting the sick,
providing for the wedding couple,
accompanying the dead for burial,
being devoted in prayer,
and making peace among people.
But the study of Torah encompasses them all.
Psalm 150

HAL'LU YAH!
Hal'lu El b'kodsho,
hal'luhu birkia uzo.
Hal'luhu bigvurotav,
hal'luhu k'rov gudlo.
Hal'luhu b'teika shofar,
hal'luhu b'neivel v'chinor.
Hal'luhu b'tof umachol,
hal'luhu biminim v'ugav.
Hal'luhu b'tzitz'lei shama,
hal'luhu b'tzitz'lei truah.
Kol han'shamah t'haleil Yah,
Hal'lu Yah!

Hallelujah!
Praise God in God's sanctuary;
Praise God in the sky, God's stronghold.
Praise God for might acts;
Praise God for God's exceeding greatness.
Praise God with blasts of the horn;
Praise God with harp and lyre.
Praise God with timbrel and dance;
Praise God with lute and pipe.
Praise God with resounding cymbals;
Praise God with loud-clashing cymbals.
Let all that breathes praise Adonai,
Hallelujah!
Opening Prayers

Baruch she-amar v'hayah haolam,
Baruch hu.
Baruch oseh v'reishit,
baruch omeir v'oseh,
baruch gozeir um'kayem,
baruch m'racheim al haaretz,
baruch m'racheim al hab'riyot,
baruch m'shaleim sachar tov li'rei-av.
Baruch chai laad v'kayam lanetzach.
Baruch poded umatzil, baruch sh'mo.

Bishvachot uvizmirot n'gadelcha
un'shabeichacha un'sa'ercha v'nazkir
shimcha v'namlich'cha, Malkeinu Eloheinu.
Yachid, chei haolamim, Melech m'shubach
un'so-ar, adei ad sh'mo hagogol.
Baruch atah, Adonai,
Melech m'hulal batishbachot.

Blessed is the One who spoke and the world came to be. Blessed is the One! Blessed is the One who continually authors creation. Blessed is the One whose word is deed; blessed is the One who decrees and fulfills. Blessed is the One who is compassionate towards the world; Blessed is the One who is compassionate towards all creatures; blessed is the One who rewards the reverent; blessed is the One who exists for all time, ever-enduring. Blessed is the One who redeems and saves; blessed is God's Name! With songs of praise, we extol You and proclaim Your Sovereignty, for You are the Source of life in the universe. One God, Life of the Universe, praised and glorious Ruler, Your Name is Eternal. Blessed are You, Adonai, Sovereign who is glorified through praise.
Psalm 92 for Shabbat

MIZMOR shir l’yom HaShabbat.
Tov l’hodot l’Adonai
ul’zameir l’shimcha elyon.
L’hagid babokeir chasdecha,
ve-emunat’cha baleilot.
Alei asor vaalei navel,
alei higayon b’chinor.
Ki simchatani Adonai b’fo-olecha
b’maasei yadecha aranein.
Mah gadlu maasecha Adonai,
m’od amku machshivotecha.

A psalm, a song for Shabbat.
It is good to praise Adonai; to sing hymns to Your name, O Most High,
to proclaim your steadfast love at daybreak, Your faithfulness each night
with ten-stringed harp, with voice and lyre together.
You have gladdened me by Your deeds, Adonai; I shout for joy at Your
handiwork. How great are Your works, Adonai, how very subtle Your designs!

ASHREI yoshvei veitecha,
od y’hal’ucha selah.
Ashrei haam shekachah lo,
ashrei haam she-Adonai Elohay.

Happy are those who dwell in Your house; they forever praise You!
Happy the people who have it so; happy the people whose God is Adonai.
Eilu d’varim she-ein lahem shiur:
she-adam ocheil peiretihem
baolam hazeh
v’hakaren kayemet lo laolam haba.
V’reilu hein:
kibud av va-eim,
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honoring one’s father and mother,
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being devoted in prayer,
and making peace among people.
But the study of Torah encompasses them all.
Hallelujah!
Praise God in God’s sanctuary;
Praise God in the sky, God’s stronghold.
Praise God for might acts;
Praise God for God’s exceeding greatness.
Praise God with blasts of the horn;
Praise God with harp and lyre.
Praise God with timbrel and dance;
Praise God with lute and pipe.
Praise God with resounding cymbals;
Praise God with loud-clashing cymbals.
Let all that breathes praise Adonai,
Hallelujah!
Bar'chu et Adonai ham'vorach!
Baruch Adonai ham'vorach
l'olam va-ed!

Praise Adonai to whom praise is due forever!

Praise be Adonai to whom praise is due,
now and forever!
Creation

Here is the story of creation:

You once walked through a garden, past a tree you saw each day, and fell hushed by a surprise: a perfect round egg enfolded in a nest, trembling from the possibility within it.

Or you held your beloved tight, and felt that person’s ribs tremble against yours.

You once stood on the ocean’s edge as water rushed toward invisible gates, and heard the silent voice that told the waves, “This far, and no farther.”

Or you clutched your parent’s shrunken fingers as they waited for the end, and knew that just as they bore you into this world, it was your task to bear them to the next.

You once walked out of a garden, a perfect walled world where you were curled in God’s hand like a baby bird enfolded in an egg, on the evening when you first discovered that you would not live forever.

The sun set behind you as you looked over your shoulder, your eyes lingering on what you had lost. And then you turned toward the shimmering majesty of the night before you, counted the stars, and decided to live.

Our world is beyond our knowledge, greater than our understanding. Help us, God, to accept what we cannot understand, to love the beauty of creation without trying to control it. Teach us to bend with life, to repair what we can repair, to live with our questions, and to rejoice in Your wonders.

Baruch atah, Adonai, yotzei ham’orot.

Blessed are You, Adonai, creator of all.
BARNACH atah, Adonai
Eloheinu, Melech haolam,
yotzeir or uvorei choshech,
oseh shalom uvorei et hakol.
Hamei-ir laaretz.
vladarim aleha brachamin,
uv’tuvo ni’mchadeish b’chol yom tamid
maseih v’reishit.
Mah rabu maasecha, Adonai,
kulam b’chochmah asita,
mal’ah haaretz kinyanecha.
Titbrach, Adonai Eloheinu,
al shevach maseih yadecha
v’al merei or she-asita,
y’faarucha selah.
Or chadash al Tzion tair,
v’nizkeh chulanu m’heirah l’oro.
Baruch atah, Adonai, yotzeir ham’orot.

Praised are You, Adonai our God, Sovereign of the universe,
Creator of light and darkness, who makes peace and fashions all things.
In mercy, You illumine the world and those who live upon it.
In Your goodness, You daily renew creation.
How numerous are Your works, Adonai!
In wisdom, You formed them all, filling the earth with Your creatures.
Be praised, Adonai our God, for the excellent work of Your hands,
and for the lights You created, may they glorify You.
Shine a new light upon Zion, that we all may swiftly merit its radiance.
Praised are You, Adonai, Creator of all heavenly lights.
Revelation

Do you remember when you stood at Sinai?
It happened like this:

You once crouched behind a door after striking your little brother, hoping your parents wouldn’t find you. You heard their footsteps, felt their souls shake within you. And then you rose, humbled before them, and your days grew long upon the earth.

You once saw a man or woman more beautiful than the one at your side, and turned your face instead toward the one you chose, the one who chose you.

You once heard how your rival prospered, and you shuddered as envy clutched your lungs. And then you summoned your greatest strength and breathed.

You once worshiped at a mirror, fixed your eyes on a screen, bowed before fame, gold, beauty, power. And then you read new words, and smashed your idols on stone.

You once stood at the foot of a mountain, and heard a still, small voice that spoke only to you. Your eyes saw the sounds of thunder, your ears heard the shining of the light. And then you turned your life into a prayer.

God, open up our eyes, bless us with an understanding heart –
to receive Your teachings, to make them real by our deeds,
and to pass them on to others.

Baruch atah, Adonai,
habocheir b’amo Yisrael b’ahavah.

Blessed are You, Adonai.
You have lovingly chosen your people Israel to receive this gift of Torah.
Enlighten our eyes with your Torah,
focus our minds on Your mitzvot,
unite our hearts in love and reverence for Your Name.
Then we will never feel shame, never deserve rebuke, and never stumble.
Having trusted in Your great and awesome holiness,
we shall celebrate Your salvation with joy.
Gather us in peace from the four corners of the earth
and lead us upright to our land.
For You, O God, work wonders. You chose us.
Truly, You drew us near to Your Great Name, that we might acknowledge You,
declaring You One in love.
Praised be You, Adonai, who chooses Your people Israel in love.
Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad!
Hear, O Israel, Adonai our God, is One!

Baruch shem k'vod malchuto l'olam va-ed.
Blessed is God's glorious majesty forever and ever.

Mitzrayim lih’ytot lachem l’Elohim ani Adonai Eloheichem.

You shall love Adonai your God with all your heart, with all your soul, and with all your might.
Take to heart these instructions with which I charge you this day.
Impress them upon your children.
Recite them when you stay at home and when you are away, when you lie down and when you get up.
Bind them as a sign on your hand and let them serve as a symbol on your forehead; inscribe them on the doorposts of your house and on your gates.

Thus you shall remember to observe all My commandments and to be holy to your God.
I am Adonai, your God, who brought you out of the land of Egypt to be your God: I am Adonai your God.
Redemption

Remember the day you witnessed the impossible:

You once lived in chains, beaten by failure or sorrow, your feet sunk in mortar and mud. And then one day a strong hand gripped yours and pulled you free.

You once lived in a prison-house, married to your master, afraid at every turn. And then one night a pillar of fire ignited within you, leading the way out.

You once lived in another city, in another country, in a place without choices, until you chose to escape. You carried all you owned on your shoulders and ran for the water’s edge, and walls of water rose on your right and on your left.

You once lay bound in a knot of grief, tied tight to a person who could never return, chained to a cloud. But one day you saw that the pillar of cloud had moved behind you, urging you forward. And you turned to face the wind.

You were convinced it could never happen, that nothing could change, that your despair would overtake you and drive you into the sea. But one day, today, you held your breath and decided to leap forward. And then the waters parted, and your feet found dry land.

We were redeemed from slavery and are grateful for the opportunity to be free. Help us now to embrace our responsibility to redeem others. Inspire us to do our part in creating a world that is filled with dignity, truth and justice.

Baruch atah, Adonai, gaal Yisrael.

Blessed are You, Adonai, for redeeming Israel.
Mi Chamoschah ba-eilim, Adonai!
Mi kamochah nedar bakodesh,
nora r'hilot, oseh fele!

Shirah chadashah shib'chu g'ulim
Ishimcha al s'fat hayam.
Yachad kulam hodu v'himlichu v'amru:
Adonai yimloch l'olam va-ed.

Tzur Yisrael, kumah b'ezrat Yisrael
uf'deih chinumecha Y'hudah v'Yisrael.
Go-aleinu Adonai Tz'vaot shimo,
k'dosh Yisrael.
Baruch atah, Adonai, gaal Yisrael.

Who is like You, O God,
among the gods that are worshipped?
Who is like You, majestic in holiness,
awesome in splendor, working wonders?

With new song, inspired,
at the shore of the Sea, the redeemed sang Your praise.
In unison they all offered thanks.
Acknowledging Your Sovereignty, they said:
"Adonai will reign forever!"

Rock of Israel, rise in support of Israel
and redeem Judah and Israel as You promised.
Our Redeemer, Adonai Tz'vaot is Your Name.
Blessed are You, Adonai, for redeeming Israel.

Baruch atah, Adonai, gaal Yisrael.
Yihyu l'ratson imrei fi v'hegyon libi
L'panecha, Adonai tzuri v'go-al.

May the words of my mouth and the meditations of my heart
be acceptable to You, Adonai, my Rock and my Redeemer.

Oseh shalom bimromav,
hu yaaseh shalom aleinu,
v'al kol Yisrael, v'al kol yosh'yei reiveil,
v'imru: Amen.

May the One who makes peace in the high heavens
make peace for us, all Israel and all who inhabit the earth. Amen.
ADONAI, s’fatai tifshach,
ufi yagid r’hilatecha.

Adonai, open up my lips, that my mouth may declare Your praise.

GOD OF ALL GENERATIONS

AVOT V’IMAHOT

BARUCH atah, Adonai Eloheinu
v’Elohei avoteinu v’imoteinu, Elohei
Avraham, Elohei Yitzchak v’Elohei Yaakov,
Elohei Sarah, Elohei Rivkah, Elohei
Rachel v’Elohei Leah. Ha-El hagadol
hagibor v’hanora, El elyon, gomeil
chasdim tovim, v’konchih hakol, v’zocheir
chasdei avot v’imahot, umeivi g’ulah
livnei v’neihem I’mann shimo b’ahavah.

Melech ozir umosha umagen.
Baruch atah, Adonai,
magein Avraham v’ezrat Sarah.

Blessed are You, Eternal our God and God of our forefathers and foremothers:
God of Abraham, God of Isaac, and God of Jacob; God of Sarah, God of
Rebekah, God of Rachel and God of Leah; the great, powerful, and awesome
God, God exalted, who bestows good and kindness and controls everything, who
remembers the kindesses of our forefathers and foremothers, and who with love
brings redemption to their children’s children for the sake of Your name; Ruler,
Helper, Savior, and Protector. Blessed are You, Eternal One, Shield of Abraham
and Protector of Sarah.
G'VUROT

ATAH giber olam, Adonai,
mi'chayei hakol atah,
rav l'hoshia.

*WINTER — Mashiv haruach umorid hagashem.
*SUMMER — Morid hatal.

M'chalkiel chayim b'chesed,
mi'chayei hakol
brachamim rabim, someich noflim,
yirofei cholim, umtar isurim,
um'kayeim e'munato lishinei afar.
Mi chamocha ba'al g'vurot
uni domeh lach, melech meimmit
um'chayeh umatzmiach y'shuah.
V'neeman atah l'hachayot hakol.
Baruch atah, Adonai, mi'chayei hakol.

O God, You are our Eternal Strength,
the Giver of life, the Power that saves us.
You nourish the earth. Your love sustains the living.
Your great compassion brings life to all,
help to the fallen, healing to the sick, freedom to those
in captivity and faith to those who sleep in the dust.
Who is like You, Source of strength? Who is equal to You,
Bringer of life and death, Source of salvation?
Blessed are You, Source of life.
Let us sanctify Your Name on earth, even as all things to the ends of time and space proclaim Your Holiness, and in the words of the prophet declare:

Holy, Holy, Holy is the Eternal God of Hosts!

The earth is full of God’s glory.

Source of our strength, Sovereign One, how majestic is Your presence in all the earth!

Blessed is the glory of God in heaven and earth.

God alone is our God and our Creator, our Ruler and our Helper; and in mercy, God is revealed in the sight of all the living: I am Adonai your God!

The Eternal shall reign forever, your God, O Zion, from generation to generation. Halleluyah!
SERVICE FOR THE READING OF THE TORAH

SEIDER K’RIAT HATORAH

The light of Torah shines forth from Zion;
Adonai’s teachings flow from Jerusalem.

This scroll has nurtured our people from Sinai to today.
It teaches us love and justice, hope and peace.

שמע ישראל יهة אלוהים יهة אדונינו!
Sh’ma Yisrael, Adonai Eloheinu, Adonai Echad!
Hear, O Israel, Adonai our God, is One!

Echad Eloheinu gadol Adoneinu,
kadosh sh’mo.

Our God is One, Adonai is great, holy is God’s name.

Gadlu l’Adonai iti,
un’romimah sh’mo yachdav.

Exalt Adonai with me, let us extol God’s name together.

PASSING THE TORAH L’DOR VADOR
Keeping the promise from generation to generation

L’cha Adonai hag’dulah v’hag’vurah
v’hatiferet v’haneitzach v’hahod,
ki chol bashamayim uvaaretz.
L’cha Adonai hamamlachah
v’hamitnasei l’cha l’rosh.

Yours, O God, is the greatness, the power, the glory, the victory and the majesty;
for all that is in heaven and earth is Yours.
You, O God, are Sovereign; You are supreme overall.
HAKAFA
Keeping God’s gift among us

BLESSING BEFORE THE READING OF THE TORAH

BAR’CHU et Adonai ha’miv’orach.
Baruch Adonai ha’miv’orach l’olam va-ed.
Baruch atah, Adonai
Eloheinu, Melech ha’olam,
asher bachar banu mikol ha’amim,
v’natan lanu et Torato.
Baruch atah, Adonai, notein ha’Torah.

Bless Adonai who is blessed.
Blessed is Adonai who is blessed now and forever.
Blessed are You, Adonai our God, Sovereign of the universe, who has chosen us from among the peoples, and given us the Torah. Blessed are You, Adonai, who gives the Torah.

BLESSING AFTER THE READING OF THE TORAH

BARUCH atah, Adonai
Eloheinu, Melech ha’olam.
asher natan lanu Torat emet,
v’chayei olam nata b’tocheinu.
Baruch atah, Adonai, notein ha’Torah.

Blessed are You, Adonai our God, Sovereign of the universe, who has given us a Torah of truth, implanting within us eternal life.
Blessed are You, Adonai, who gives the Torah.
BLESSING BEFORE THE HAFTARAH

Baruch atah, Adonai
Eloheinu, Melech haolam,
asherbachar binvi-im tovim,
vratzah v'divreihem
hane-emaris be-emet.
Baruch atah, Adonai, habocher baTorah
uv'Moshe avdo, uv'Yisrael amo,
uvinvi-ei ha-emet vatzadek.

Praise to You, Adonai our God, Sovereign of the universe,
who has chosen faithful prophets to speak words of truth.
Praise to You, Adonai, for the revelation of Torah, for Your servant Moses,
for Your people Israel and for prophets of truth and righteousness.

BLESSING AFTER THE HAFTARAH

Baruch atah, Adonai Eloheinu, Melech
haolam, tzur kol haolamim, tzaddik
b'chol hadorot, HaEl hane-eman,
haomeir v'oseh, hamidabeir um'kayeim,
shekol d'varav emet vatzadek.

Al haTorah, v'al haavodah, v'al
hauni-im, v'al yom HaShabbat hazeh,
shenata lanu Adonai Eloheinu, likdushah
v'limnuchah, l'chavod ul'rifaret.

Al hakol Adonai Eloheinu, anachnu modim
lach, um'var'chim otach, yitbarach shimcha
b'fi chul chai tamid l'olam va-ed.
Baruch atah, Adonai, m'kadeish HaShabbat.
Siman tov umazal tov.
Umazal tov v’siman tov.
Y’hei lanu.
Y’hei lanu, y’hei lanu, ul’chol Yisrael.

Eitz chayim hi lamachazikim bah,
v’tom’cheha m’ushar.
D’rachehah darchei no-am,
v’chol n’tivoteha shalom.

Hashiveinu Adonai eilecha v’nashuvah,
chadeish yameinu k’kedem.

IT IS A TREE OF LIFE for those who hold fast to it, and all its supporters are happy. Its ways are ways of pleasantness and all its paths are peace. Return us to You, Adonai, and we will return; renew our days as of old.
ALEINU Ishabei-ach laadon hakol,
lateit g’dulah l’yotzeir b’reishit,
shelo asanu k’goyei haaratzot.
v’lo samanu k’mishp’chot haadamah.
Shelo sam chelkeinu kahem,
v’goraleinu k’chol hamonam.

Vaanachnu kor’im
umishtachavim umodim,
lifnei Melech malchei ham'lichim
HaKadosh Baruch Hu.

Let us now praise the Sovereign of the universe, and proclaim the greatness of the Creator who has set us apart from the other families of the earth, giving us a destiny unique among the nations. We bend the knee and bow, acknowledging the supreme Sovereign, the Holy One of Blessing.

V’ne-emar, v’hayah Adonai
l’Melech al kol haaretz.
Bayom hahu yih’ych Adonai echad
ush’mo echad.

Thus it has been said, Adonai will be Sovereign over all the earth. On that day, Adonai will be one, and God’s Name will be one.
Exalted and hallowed be God’s great name in the world which God created, according to plan. May God’s majesty be revealed in the days of our lifetime and the life of all Israel — speedily, imminently, to which we say Amen.

Blessed be God’s great name to all eternity.

Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort. To which we say Amen.

May there be abundant peace from heaven, and life, for us and all Israel. To which we say Amen.

May the One who creates harmony on high, bring peace to us and to all Israel. To which we say Amen.
Adon olam asher malach,
b'terem kol y'tzir nivra.
L'eit naasah v'cheftzo kol,
azai Melech sh'mo nikra.

V'acharei kichlot hakol,
l'vado yimloch nora.
V'hu hayah, v'hu hoveh,
v'hu yih'yeh, b'tifarrah.

V'hu echad v'ein sheini,
l'hamshil lo l'hachbirah.
B'li reishit b'li tachlit,
v'lo haoz v'hamisrah.

V'hu Eli v'chai go-ali,
v'tzur chevli b'eit tzarah.
V'hu nisi umanos li
m'nat kosi b'yom ekra.

B'yado akid ruchi,
b'eit ishan v'a-irah.
V'im ruchi g'viyati,
Adonai li v'lo ira.