



דַּע מֵאֵין בָּאת וּלְאֵן אֶתָּה הוֹלֵךְ.

"Know from where you have come in order to know
what your legacy will be." -Pirke Avot 3:1

Central
Synagogue

Shabbat Evening Service

6:00 pm

Friday, January 14, 2022 13 Shevat 5782

Torah Portion: *Song of the Sea, Exodus 15:1-11*

Aliyah: Sherry King, Cochair Central in Action

Candlelighters: Sophie Lehman and Jonathan Lehman

Special Guest: Reverend Dr. Timothy Adkins-Jones

Shabbat Morning *Bat Mitzvah* Service

9:30 am

Saturday, January 15, 2022 13 Shevat 5782

Torah Portion: *Beshelach* 15:22-16:4

Haftorah Portion: Judges 4:4-9

We rejoice with **Stella Lehman**, daughter Haley and Douglas Lehman, as she becomes *bat mitzvah*.

Supplemental Material

Please follow along using the [Mishkan T'filah online](#) and the supplemental material below.

Oh Freedom / Shabbat Shalom

Oh freedom, oh freedom, oh freedom over me.
And before I'll be a slave, I'll be buried in my grave,
And go home to my Lord, and be free.
Shabbat Shalom.

L'chu N'ran-nah (A. Katchko/Sephardic) p. 12 [130]

1. *L'chu n'ran-nah l'Adonai, nariah l'tzur yisheinu.
N'kadmah fanav b'todah, bizmirot nariah lo.*
2. *Ki El gadol Adonai, umelech gadol al kol elohim.
Asher b'yado mech-krei aretz, v'to-afot harim lo.*
3. *Asher lo hayam v'hu asahu, v'yabeshet yadav yatzaru.
Bo-u nishtachaveh v'nichra-ah, niv'chah lifnei Adonai oseinu.
Ki hu Eloheinu, va-anachnu am marito v'tzon yado.
Hayom im b'kolo tishma-u.*

Hari-u – Psalm 98 (T. Davidoff & R. Epstein) p. 15 [133]

*Hari-u l'Adonai kol ha-aretz, pitz-chu v'ran-nu v'zameiru,
Zamru l'Adonai b'chinor v'kol zimrah.*

L'cha Dodi (M. Laufer) p. 20

Bar'chu (Y. Sykes) p. 146

Mi Chamocha: Let My People Go

Hashkiveinu (D. Maseng) **p. 42 [160]**

Hashkiveinu Adonai Eloheinu Le'shalom

Va'ha'amideinu malkeinu Le'chayim u'le'shalom

Hashkiveinu... U'fross aleinu sukkat sh'lomecha

Hashkiveinu... Ush'mor tzeteinu u'voeinu Le'chayim ul'shalom

Me'ata ve'ad olam U'fross aleinu sukkat sh'lomecha

Adonai S'fatai (C. Davidson) **p. 155**

Meditation: Glory (J. Legend)

Prayer for Healing (T. Herzog)

El na re fa na la, re fa na lanu (x2)

Dear God, heal her now, heal us now

Dear God of our ancestors

Help us renew our faith

Grant us a perfect healing

Bring peace to all our days

El na re fa na la, re fa na lanu (x2)

Restore our strength of body

Help clarify our minds

Refresh our tired spirits

Rejuvenate our Light

El na re fa na la, re fa na lanu (x2)

Thank you for all these Blessings

Throughout our days and nights

We celebrate the journey

This precious gift of life

El na re fa na la, re fa na lanu (x2)

Shehecheyanu (T. Pik) **p. 344 [648]**

Baruch atah, Adonai Eloheinu, melech ha ·olam,

Shehecheyanu v'kiymanu v'higiyanu, lazman hazeh.

We Shall Overcome

We shall overcome, we shall overcome, we shall overcome someday.

Oh deep in my heart, I do believe, we shall overcome someday.

We shall live in peace...

Composers of musical settings in parentheses

Yahrzeit

Zichronam Livracha

May their memories be a blessing

Jean Ackman	Bernard Gould	Frieda Richter
Jack Adler	Albert Graddis	Susan Riker
Harry Agress	Harold Halperin	Else Rosenberg
Joan Baum	Paul Hanenberg	Irving Rosenberg
Henry "Zadie" Benesch	Margaret Harber	Lillian Rothenberg
Maurice Benzaken	Stephen Hayes	Beatrice Rothman
Richard Bernstein	Bruce Heller	Augusta Rubin
Lila Bett	Irving Helpern	Claire Rubin
Eva Biederman	Vera Herer	Edward Ruskin
Marion Bijur	John F. Holl	Sophie Ruskin
Lenore Blitstein	Arthur Kaufman	David Salesky
Barbara Brooks	Herman Kazen	Violet Saltoun
Jerome Bueler	Charlotte Kimmel	Moses Schonblum
Joel Cartun	Lillian Kirschner	Ralph Segalman
Rosalind Chaikin	Iris Kones	Rhoda Shivers
Harry Cohen	Arnold David Lentz	Ann Siegel
Myra Cohn	Florence Leventon	Jan Silberstein
Maurice Cossman	Lenore Levine	Bennett Silver
Lottie Cuba	Harriette Levine	Harry Silverstein
Murray Cuba	Sylvia Levinson	Betty Sirkin
Daniel Wallace Doctor	Abraham Lipton	Kathryn Smink
Henry Eigen	Renee Locker	Norma Smith
Rosylin Epstein	Milton Mandelbaum	Frieda Sokol
Florence Eschen	Eskandar Manocherian	Harold Solomon
Margaret Fagenson	Jack Margulius	Dorothy Rosset Solomon
Harry Faver	Miriam Menin	Erica Spitzer
Cecilia Felcman	Charles Miller	Evelyne Serman
Miriam Fish	Reva Beers Millstein	Elliot Tahl
Sidney Frey	Ruth Mintz	Ira Tepper
Myles Friedman	Ann Petroff	Toby Thaler
Barney Frommer	Doris Silberman Picker	Jane Tranen
Terry Geronemus	David Pliskin	Barbara Traugot
Judith Gilsten	Gertrude Raabin	Benjamin Wagshal
Lawrence Glickman	Seymour Rakowsky	Marcia Wasserman
Barney Goldberg	Simon Rappoport	Frank Wexler
Gertrude Goldberg	Mollie Reich	Bernice Winarsky
Monica Gollub	Michael Renner	Max Zweben



Rabbi Angela W. Buchdahl
Cantor Daniel Mutlu
Rabbi Ari S. Lorge
Rabbi Daniel S. Ross
Rabbi Maurice A. Salth
Rabbi Peter J. Rubinstein Rabbi Emeritus
Cantor Richard Botton Cantor Emeritus
David Strickland Music Director

For information on our varied programs, please contact:

Director of Youth and Family Education: **Rabbi Rebecca Rosenthal**
Director of Congregational Engagement: **Rabbi Nicole Auerbach**
Director of Adult Education: **Rabbi Sarah Berman**
Director of Social Justice Organizing and Education: **Rabbi Hilly Haber**
Director of Center for Exploring Judaism: **Rabbi Lisa Rubin**
Rabbi, Center for Exploring Judaism: **Rabbi April Davis**

Livestreaming Consent

Central Synagogue livestreams all of its services on our website, as well as Friday night and holiday services on the Jewish Broadcasting Service (JBS). Any person present at Central Synagogue during these times gives consent to being filmed.

PEARLS Hearing Loop System

Our hearing loop system was generously donated by Mindy and Jon Gray and their family in honor of Pearl Basser. Please note, the t-coil setting in hearing aids have to be activated before use. Consult your audiologist to ensure t-coils are properly adjusted.



INDUCTION LOOP INSTALLED
SWITCH HEARING AID TO
T-COIL

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