Note for Facilitators: This document is designed to be the centering point for a group conversation. You should plan for the conversation to last between 60 and 90 minutes, depending on group size. Most parts are meant to be read by members of the group, so you should plan to ask participants to take turns reading sections. Alternatively, you can choose the first reader of a section, and then that reader chooses the next reader. Additional guidelines and suggestions for planning and leading a successful conversation can be found at the end of this guide.

1. WELCOME

Before we begin, let’s review the brit—the covenant—that animates our time together:

- **Accountability**: I’ll show up for eight meetings over the next eight months. Or I’ll let the host know the (good) reason I will be absent. I will also be punctual and respect everyone’s time. Which means that meetings will start and end on time, no matter how good the schmoozing.
- **Presence**: When we’re together, I’ll be present and mindful. I will listen and share. Life (and our mobile devices) offer many distractions, but I will stay present and engaged.
- **Double Confidentiality**: I’ll maintain complete confidentiality. What I hear and say stays here. That means that even when I see group member in another context, like at Central or in the neighborhood, I won’t bring up what has been shared in our group unless you open the conversation.
- **Vulnerability**: I’ll stretch myself to be as open and honest as I can with my perspectives and experiences to create a safe environment that might encourage others to takes risks, too.
• *Respect:* I will remember that all of us are here for a common purpose and I will respect and acknowledge everyone in my group.
• *No Fixing, Advising, Saving or Setting Straight:* I will give each person the gift of true attention without trying to “solve their problem.” No advice unless it’s asked.
• *Listening:* I understand that some of us are talkers and some of us are quieter, so I’ll be aware to not dominate discussions or always leave the weight of it to others.
• *Curiosity:* Judaism is a religion of exploration; of questions more than answers. I will get the most out of my group by being open to our discussions and the people around me.
• *Ownership:* This is our group. This is our community to create. While we have guidelines and suggestions, it is ours to shape and form. We will get out of it what we put into it.

### 2. ASK AND SHARE

Welcome, and thank you for joining this conversation. Please think about this question: When you hear the word ‘responsibility,’ is there a person or story that comes to mind? Take a moment, and share when you’re ready. You can use the space below to write some notes to yourself.

Note for Facilitators: Give people a moment to organize their thoughts before you start asking for volunteers. It may be helpful to model this response for participants, so consider responding first. Be sure everyone states their name. You don’t need to go in order around a circle. Allow people to respond when the spirit moves them.

### 3. LEARN

In a 1959 commencement address at Morehouse College, Martin Luther King, Jr. articulated a broad vision of universal responsibility: “An individual has not started living,” he said, “until he can rise above the narrow confines of his individualistic concerns to the broader concerns of all humanity.” For King, as for many of us, the ideal is to feel responsible for all human beings, regardless of their background. But consider this quote from 20th century author Anais Nin: “How wrong is it for a woman to expect the man to build the world she wants, rather than to create it herself?” For Nin, as for many feminists, first and foremost our responsibility begins with ourselves.
“If am not for myself, who will be for me? When I am for myself, what am I? If not now, when?” Hillel the Elder, the first-century rabbinic sage, was famous for asking these questions. At the heart of them is our question: For whom are we responsible? Can we expect anyone else to be responsible for us? If we are only responsible for ourselves, what does that make us?

In the poem below, the main character deals with all these questions. We’ll read it together, and then have a chance to discuss it.

Note for Facilitators: Ask or a volunteer to read the whole poem, or for a few volunteers to read various parts.

Okay
By Lowell Jaeger

There’s a man in the road, waving.
We’re driving home from Hot Springs,
my wife and I, and our three kids.
He’s holding something bundled
in his arms. Don’t stop, my wife
telegraphs to me with a sideways glance.
I’m okay with that.

It’s a dog! the kids shout, He’s
carrying a dog! So, okay, I stop,
roll down the window.

Please help, the man says, tears
leaking down his stubbled chin.
The dog is bleeding. He’s rolled up
in an old rug, eyes open, miserable.
I just run over my dog, the man
blubbers, He’s drunk. And stinks.

Okay, I’m thinking, I’m stuck
with this. The kids squeeze together;
the man and dog huff and groan,
sniffle and slide themselves into
our lives. My kids’ faces in the rearview
are pinched, afraid to breathe –
wet dog, blood, booze, rotting socks.
The man whimpers, cradles his dog,
I’m f-ing sorry, man. So f-ing, f-ing
sorry. This is less than okay.
We spit gravel behind us and speed
back to Hot Springs to find a Vet.

It’s a Sunday, my wife whispers, everything’s
locked up. I’m thinking, Okay, what now?
At the one payphone on Main, I pull over
to let the man and dog out. You better call
someone, I say. My voice sounds afraid.
The man’s eyes are shut, not asleep,
but almost. The dog’s eyes are shut, too.
You better call someone, I say louder,
Okay? Okay?

The man stands at the payphone, his dog
bundled on the sidewalk. He just stands there.
My kids cry silently. My wife trusts me
to be the man she hopes I am. I don’t
know what’s okay and what’s not. The man
is fumbling in his empty pockets for change.
I feel a lot like that.

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**Interpretive Questions**
- What’s going on in the poem? Can you summarize the action?
- How does the driver understand to whom and for what he is responsible?
- Are there people he feels more responsible for than others? How does he prioritize?

**Reflective Questions**
- If you were in the same situation, would you do the same?
- What would get you to stop on the side of the road? What would keep you from stopping?
- How do you decide for whom you are responsible?

You can use the space below to make some notes to yourself.
4. PERSPECTIVES FROM JEWISH TRADITION

How do these questions about responsibility look through a Jewish lens? Here are two excerpts from the Babylonian Talmud (redacted in the 5th century CE), as well as one from the Torah and one from the contemporary Rabbi Jonathan Sacks, former Chief Rabbi of England, that may offer some other possibilities for thinking about responsibility. Please read them aloud together. You need not discuss all of the texts; feel free to choose those that speak to you. These texts are merely tools for reflecting on your own stories and experiences. Please use them in a way that organically continues or deepens the conversation you have been having so far.

Rav Yosef taught: “If you lend money to any of my people that are poor with you” (Exodus 20:2).[This teaches, if the choice for helping lies between] a Jew and a non-Jew, a Jew has preference; the poor or the rich, the poor takes precedence; your poor [i.e. your relatives] and the [general] poor of your town, your poor come first; the poor of your city and the poor of another town, the poor of your town have prior rights.

— Babylonian Talmud, Bava Metzia 71a

Our Rabbis taught: We sustain the non-Jewish poor with the Jewish poor, visit the non-Jewish sick with the Jewish sick, and bury the non-Jewish dead with the Jewish dead, for the sake of peace.

--Babylonian Talmud, Gittin 61a

- Do you agree with the priorities that Rabbi Yosef has outlined? Why or why not?
- What do you think “for the sake of peace” in the second reading, meant at the time it was written? How might you understand it now?
- How do these texts intersect with the tension that the narrator in the poem felt?
- It’s possible to see a tension between the first text’s suggestion that we care for Jews first and the second text’s instruction to care for both Jews and non-Jews. Do you feel this tension in your own life? Which of these approaches more closely represents your own priorities in giving or serving?
David Hume noted that our sense of empathy diminishes as we move outward from the members of our family to our neighbors, our society and the world. Traditionally, our sense of involvement with the fate of others has been in inverse proportion to the distance separating us and them. What has changed is that television and the Internet have effectively abolished distance. They have brought images of suffering in far-off lands into our immediate experience. Our sense of compassion for the victims of poverty, war and famine runs ahead of our capacity to act. Our moral sense is simultaneously activated and frustrated. We feel that something should be done, but what, how, and by whom?


- How do you personally decide whom to help? Do you prioritize those in greater need, or those in your local community?
- Do you have particular places to which you feel a sense of ownership or obligation? What are they?
- Do you think the globalization that Rabbi Sacks refers to affects our obligations as articulated in the Talmudic texts above? Are we still primarily obligated to those of our own cities, or does greater knowledge of events far away change our sense of obligation?

Use the space below to reflect.

Note for Facilitators: This is the heart of the conversation. Give participants several minutes to prepare their thoughts. Then invite them to divide into pairs or triads and share their responses. Give them a good amount of time for this—10-20 minutes. It may be longer, depending on how much momentum they develop. Then reconvene in the large group and ask people to share from their small-group conversations. You may want to go in order of the questions above in your large group discussion.

A few tips on facilitation:
- The large-group debrief should take another 20-30 minutes.
- Begin by asking for a volunteer to share an insight from their conversation. You might begin by asking, “What came up?”
- When each person is done, thank them for their comment.
- Don’t feel a need to rush or to fill silences.
- If someone begins to monopolize the time, you might say, “I want to be sure that everyone has a chance to speak, so let’s try to make room for another person.”
5. DO

The Talmud, in Tractate Shevuot (39a) tells us, “Kol Yisrael arevim zeh bazeh.” That is, “All of Israel are responsible for one another.” At the same time, the 20th century theologian Rabbi Abraham Joshua Heschel was once quoted as saying, “In a democratic society, some are guilty, all are responsible.” How we understand for whom we are responsible is not simple, and intersects with our sense of obligation as Jews, as Americans, and as human beings.

As we conclude the conversation, here are a few final questions to consider.

- What’s one insight that you’ve gained from this conversation?
- What is one action you might take, or practice you might try, before we meet next time, based on what you're taking from this conversation?
- What’s one obstacle to taking that action? How can you overcome it? Who might you need help from in order to do so?
- What could we do together as a community based on what we talked about today?

Use the space below to note your response to these questions, and then we’ll do a final round of sharing.

Give people a minute to reflect on the question. Then ask anyone who wants to share to do so. When you sense that the group has finished sharing its response to this question, invite people to share any further insights or reflections from the conversation, before moving to the conclusion.

Thank you for being part of this conversation.
Central Synagogue works tirelessly toward a world in which Judaism is central to the lives of Jews everywhere and is a profound and positive force for humanity. We are relentless in our pursuit of that goal — constantly evolving and always seeking new ways to be “more excellent.” We reach far beyond the walls of our synagogue to learn, worship, serve, and continually redefine what it means to be Jewish today.

Ask Big Questions is an initiative of Hillel: The Foundation for Jewish Campus Life in partnership with the Einhorn Family Charitable Trust. Visit AskBigQuestions.org to answer questions, learn from others, and join the movement.

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**AIR-IT: A GUIDE TO FACILITATING CONVERSATION**

**A: ASK BIG QUESTIONS.**
Big Questions are different than Hard Questions.

<table>
<thead>
<tr>
<th>Big Question</th>
<th>Hard Question</th>
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<tbody>
<tr>
<td><strong>Anyone can answer it.</strong></td>
<td>Experts will answer it best.</td>
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<tr>
<td>Example: “When have you been a stranger?”</td>
<td>Example: “What is the history of racism on campus and what can be done to promote greater inclusion?”</td>
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<tr>
<td><strong>Focuses on wisdom and experience.</strong></td>
<td>Focuses on intelligence and skill.</td>
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<tr>
<td>Example: “What’s the best advice you’ve ever received?”</td>
<td>Example: “Are human beings naturally good or evil?”</td>
</tr>
<tr>
<td><strong>Uses plain language.</strong></td>
<td>Uses technical language.</td>
</tr>
<tr>
<td><strong>Directed at a subject (me, you, us).</strong></td>
<td>Directed at an object (it).</td>
</tr>
<tr>
<td>Example: “What could we sacrifice to change the world?”</td>
<td>Example: “Is it better to cut spending or raise taxes to balance the federal budget?”</td>
</tr>
<tr>
<td><strong>Opens up space and invites people in as participants</strong></td>
<td>Closes space and leads people to feel like spectators.</td>
</tr>
<tr>
<td><strong>Leads to sharing personal stories.</strong></td>
<td>Leads to debates about truth claims.</td>
</tr>
<tr>
<td><strong>Emphasizes a both/and approach.</strong></td>
<td>Emphasizes an either/or approach.</td>
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</tbody>
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**I: INVITE PERSONAL STORIES.**
Big questions lead to sharing personal stories. The facilitator acts to support this by:
Creating the space (physical, intellectual, emotional, spiritual) of trust in which these stories can be shared and honored.
Weaving: Summarize, reflect back, and keep the stories and observations tethered to the big question. This helps the group to maintain integrity and not feel that it is fragmenting or fraying.

**R: REALLY LISTEN.**
Ask Big Questions conversations are marked by real listening. The facilitator’s reflecting back and weaving is crucial to this. Participants should be able to answer questions like: “What did so-and-so say? What do you think they meant when they said it? What did it evoke in you?”

**IT: USE INTERPRETIVE THINGS.**
Ask Big Questions conversations often use a text, poem, artwork, song, natural object or other “interpretive thing” to help center the conversation and create a common point of access for all participants.
QUESTIONS TO ASK WHEN PREPARING FOR A DISCUSSION

WHERE?
Does the place where you’re having the conversation create a space in which people can feel safe? Is it a closed space? Does it have a door you can close to ensure privacy and confidentiality when needed? What can you do to make the space visually appealing or lovely? Does it have windows to let in light? Do you want to play some music? Can everyone sit comfortably in a circle?

WHEN?
Are you scheduling the conversation at a time when everyone can be physically awake and present? Will people be hungry? Will you provide food or drink? Will they be tired or sleepy after a meal? How long will the conversation be? How will you break up the time if necessary?

WHO AND HOW?
Do you need to make any special arrangements for people with special needs (i.e. physical disabilities)? How will you have everyone introduce themselves? (Big Questions are great for introductions!) How will you close the conversation?

WHAT ABOUT YOU?
What will you do to get yourself ready?